

**Children and Families
Therapeutic and Training Services**

ASART

Adoption Support Agency of Registered Therapists

**A Resource for Local Authorities,
Schools and Other Organisations**



01306 730 044

www.adoptioncounselling.com

About ASART

ASART offers counselling and therapy to people affected by adoption and fostering including:-

- ❖ Adopted and Fostered Children and Adults
- ❖ Adoptive and Foster Parents
- ❖ Prospective Adoptive and Foster Parents
- ❖ Birth Parents and other Birth Relatives
- ❖ Kinship Carers and Special Guardians

ASART works with individuals, couples, families and groups, quite often on behalf of local authorities, schools or other organisations

ASART offers training and consultation, also to local authorities, schools or other organisations

We are a group of six, independent therapists and trainers, qualified and experienced in adoption support and therapeutic work. We are registered by Ofsted as an Adoption Support Agency (ASA) which allows us to work with relevant adults, children and families. In 2008 we had our first inspection and were rated “good” on every aspect of our services.

We work in -

BEDFORDSHIRE

BERKSHIRE

ESSEX

KENT

LONDON

SURREY

AND ADJOINING COUNTIES

For family or group work we may be able to travel to a mutually agreed venue near the clients' home.

What we offer

- ❖ Individual counselling and therapy
- ❖ Comprehensive family assessments
- ❖ Parent sessions
- ❖ Family sessions
- ❖ Intensive family therapeutic programmes
- ❖ School visits
- ❖ Reports to schools and courts
- ❖ Network meetings
- ❖ Follow-up sessions
- ❖ Supervision and consultation for individual professionals and teams
- ❖ Training - see overleaf
- ❖ Group work for:
 - Adoptive parents
 - Adopted and fostered teenagers and adults
 - Birth mothers and other birth relatives
 - Gay and lesbian adopters
 - Trans-racially adopted or fostered teens and adults

Benefits of our services

Well Qualified and Experienced Adoption Therapists and Trainers: -

- ❖ Ofsted Registered
- ❖ Good Ofsted Report
- ❖ Varied Approaches
- ❖ Multicultural Team
- ❖ Low and Negotiable Fees
- ❖ Tailor-made Training and Group Work
- ❖ On-Site and Local Working
- ❖ Evening and Weekend Sessions

Specialist Training

- ❖ Adoption in all its Aspects
- ❖ Attachment in Children and Adults
- ❖ Contact Issues
- ❖ Diversity within Adoption - Culture, Disability, Ethnicity, Religion
- ❖ Identity Issues for the Adopted and Fostered Person
- ❖ Life Story Work with Children and Adults
- ❖ Planning for Permanency
- ❖ Preparing to Adopt
- ❖ Preventing Adoption Breakdown
- ❖ Reunion, Before and After
- ❖ Reunited...and Rejected
- ❖ Separation, Loss and Bereavement in Adoption and Fostering
- ❖ Supporting Adopted and Fostered Children in School
- ❖ Talking to Your Child about Adoption
- ❖ The Impact of Infertility
- ❖ Therapeutic Parenting
- ❖ Using Sand Play and other Play Therapies

Contact: **ASART**
Adoption Support Agency of Registered Therapists

Manager

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